MICRO TASKS

Note to user: After familiarizing with each video pill, the user will be provided with the opportunity to perform several tasks/activities/games in order to practice and further develop the respective skill.

SKILL

SOLVING PROBLEM

MICRO TASK NUMBER 1

01 What are the objectives of the task?

The objective of this task is for them to learn that problem solving is not something innate, it is a skill, a set of abilities that are trained and acquired, and that need - like all mastery - dedication and effort. The goal is that we can learn to solve problems in a rational way and achieve our goals and projects.

In this process, this task helps to guide and contribute to you to acquire and improve your skills and resources to learn how to face difficulties and solve problems.

02 What will teachers learn?

Learn to put into practice the 4 steps in rational problem solving. A training that will improve our ability to face and solve difficulties and problems in any area of life and that we can apply in the school environment when as teachers we have to face problems.

03   Tasks and procedure

Another task that you can put into practice when dealing with problems is to follow these 4 steps in rational problem solving. You can use a piece of paper and a pen to set out each of the 4 steps.

1.Define and formulate the problem: What is the problem? What is the current state of the problem? What are the obstacles? What is the goal or objective I want to achieve? Is it realistic?

2.Generate alternative solutions: What are the possible solutions? Do not discard any of them at this stage, however far-fetched they may seem, they can be used later to generate new ideas by adding different solutions. Creativity at this stage is essential.

3 Choose a solution: What is the best solution, even if it is not perfect? What aspects does it solve? Can I put it into practice? What do I need? How much time will I need? What are the short, medium and long term consequences?

4. **Implementation and verification**: How will I know it has worked? Set concrete indicators to evaluate the results. In case it does not turn out as expected, you can start the process with the following alternatives that were initially discarded or start again with step 1.